



نمونه سوالات آزمون dha دندانپزشکی

آزمون DHA دندانپزشکی یک مرحله حیاتی برای دریافت مجوز کاری در دبی است و برای دندانپزشکان با هدف ارزیابی دانش و مهارت‌های حرفه‌ای طراحی شده است. موفقیت در این آزمون نیازمند آشنایی با مفاهیم پایه و پیشرفته دندانپزشکی است. در ادامه، نمونه سوالاتی برای کمک به آمادگی شما آورده شده است. برای دریافت مشاوره مهاجرت می‌توانید در وب سایت [تهران ویزا](http://tehranvisa.com) اقدام کنید.

1. What equipment would be necessary to complete an evaluation of cranial nerves 9 and 10 during a physical assessment?

- ☐ A. A cotton ball
- ☐ B. A penlight
- ☐ C. An ophthalmoscope
- ☐ D. A tongue depressor and flashlight

2. Which technique would be best in caring for a client following receiving a diagnosis of a state IV tumor in the brain?

- ☐ A. Offering the client pamphlets on support groups for brain cancer
- ☐ B. Asking the client if there is anything he or his family needs
- ☐ C. Reminding the client that advances in technology are occurring everyday
- ☐ D. Providing accurate information about the disease and treatment options

3. An 8.5 lb, 6 oz infant is delivered to a diabetic mother. Which nursing intervention would be implemented when the neonate becomes jittery and lethargic?

- ☐ A. Administer insulin
- ☐ B. Administer oxygen
- ☐ C. Feed the infant glucose water (10%)
- ☐ D. Place infant in a warmer

4. What question would be most important to ask a male client who is in for a digital rectal examination?

- ☐ A. "Have you noticed a change in the force of the urinary system?"
- ☐ B. "Have you noticed a change in tolerance of certain foods in your diet?"
- ☐ C. "Do you notice polyuria in the AM?"
- ☐ D. "Do you notice any burning with urination or any odor to the urine?"





5. The nurse assesses a prolonged late deceleration of the fetal heart rate while the client is receiving oxytocin (Pitocin) IV to stimulate labor. The priority nursing intervention would be to:

- ☐ A. Turn off the infusion
- ☐ B. Turn the client to the left
- ☐ C. Change the fluid to Ringer's Lactate
- ☐ D. Increase mainline IV rate

6. Which nursing approach would be most appropriate to use while administering an oral medication to a 4 month old?

- ☐ A. Place medication in 45cc of formula
- ☐ B. ce medication in an empty nipple
- ☐ C. Place medication in a full bottle of formula
- ☐ D. Place in supine position. Administer medication using a plastic syringe

7. Which nursing intervention would be a priority during the care of a 2 month old after surgery?

- ☐ A. Minimize stimuli for the infant
- ☐ B. Restrain all extremities
- ☐ C. Encourage stroking of the infant
- ☐ D. Demonstrate to the mother how she can assist with her infant's care.

8. While performing a physical examination on a newborn, which assessment should be reported to the physician?

- ☐ A. Head circumference of 40 cm
- ☐ B. Chest circumference of 32 cm
- ☐ C. Acrocyanosis and edema of the scalp
- ☐ D. Heart rate of 160 and respirations of 40

9. Which action by the mother of a preschooler would indicate a disturbed family interaction?

- ☐ A. Tells her child that if he does not sit down and shut up she will leave him there.
- ☐ B. Explains that the injection will burn like a bee sting.
- ☐ C. Tells her child that the injection can be given while he's in her lap
- ☐ D. Reassures child that it is acceptable to cry.





10. During the history, which information from a 21 year old client would indicate a risk for development of testicular cancer?

- ☐ A. Genital Herpes
- ☐ B. Hydrocele
- ☐ C. Measles
- ☐ D. Undescended testicle

11. While caring for a client, the nurse notes a pulsating mass in the client's periumbilical area. Which of the following assessments is appropriate for the nurse to perform?

- ☐ A. Measure the length of the mass
- ☐ B. Auscultate the mass
- ☐ C. Percuss the mass
- ☐ D. Palpate the mass

12. When observing 4 year-old children playing in the hospital playroom, what activity would the nurse expect to see the children participating in?

- ☐ A. Competitive board games with older children
- ☐ B. Playing with their own toys along side with other children
- ☐ C. Playing alone with hand held computer games
- ☐ D. Playing cooperatively with other preschoolers

13. The nurse is teaching the parents of a 3 month-old infant about nutrition. What is the main source of fluids for an infant until about 12 months of age?

- ☐ A. Formula or breastmilk
- ☐ B. Dilute nonfat dry milk
- ☐ C. Warmed fruit juice
- ☐ D. Fluoridated tap water

14. While the nurse is administering medications to a client, the client states "I do not want to take that medicine today." Which of the following responses by the nurse would be best?

- ☐ A. "That's OK, its alright to skip your medication now and then."
- ☐ B. "I will have to call your doctor and report this."
- ☐ C. "Is there a reason why you don't want to take your medicine?"
- ☐ D. "Do you understand the consequences of refusing your prescribed treatment?"





15. The nurse is assessing a 4 month-old infant. Which motor skill would the nurse anticipate finding?

- ☐ A. Hold a rattle
- ☐ B. Bang two blocks
- ☐ C. Drink from a cup
- ☐ D. Wave "bye-bye"

16. The nurse should recognize that all of the following physical changes of the head and face are associated with the aging client except:

- ☐ A. pronounced wrinkles on the face
- ☐ B. decreased size of the nose and ears.
- ☐ C. increased growth of facial hair.
- ☐ D. neck wrinkles.

17. All of the following characteristics would indicate to the nurse that an elder client might experience undesirable effects of medicines except:

- ☐ A. increased oxidative enzyme levels.
- ☐ B. alcohol taken with medication.
- ☐ C. medications containing magnesium.
- ☐ D. decreased serum albumin.

18. When assessing a newborn whose mother consumed alcohol during the pregnancy, the nurse would assess for which of these clinical manifestations?

- ☐ A. wide-spaced eyes, smooth philtrum, flattened nose
- ☐ B. strong tongue thrust, short palpebral fissures, simian crease.
- ☐ C. negative Babinski sign, hyperreflexia, deafness.
- ☐ D. shortened limbs, increased jitteriness, constant sucking

19. Which of these statements, when made by the nurse, is most effective when communicating with a 4-year-old?

- ☐ A. "Tell me where you hurt."
- ☐ B. "Other children like having their blood pressure taken."
- ☐ C. "This will be like having a little stick in your arm."
- ☐ D. "Anything you tell me is confidential."





20. A 64-year-old client scheduled for surgery with a general anesthetic refuses to remove a set of dentures prior to leaving the unit for the operating room. What would be the most appropriate intervention by the nurse?

- ☐ A. Explain to the client that the dentures must come out as they may get lost or broken in the operating room
- ☐ B. Ask the client if there are second thoughts about having the procedure
- ☐ C. Notify the anesthesia department and the surgeon of the client's refusal
- ☐ D. Ask the client if the preference would be to remove the dentures in the operating room receiving area

21. The nurse is assessing a client who states her last menstrual period was March 17, and she has missed one period. She reports episodes of nausea and vomiting. Pregnancy is confirmed by a urine test. What will the nurse calculate as the estimated date of delivery (EDD)?

- ☐ A. November 8
- ☐ B. May 15
- ☐ C. February 21
- ☐ D. December 24

22. The family of a 6-year-old with a fractured femur asks the nurse if the child's height will be affected by the injury. Which statement is true concerning long bone fractures in children?

- ☐ A. Growth problems will occur if the fracture involves the periosteum
- ☐ B. Epiphyseal fractures often interrupt a child's normal growth pattern
- ☐ C. Children usually heal very quickly, so growth problems are rare
- ☐ D. Adequate blood supply to the bone prevents growth delay after fractures

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24. A client is admitted to the hospital with a history of confusion. The client has difficulty remembering recent events and becomes disoriented when away from home. Which statement would provide the best reality orientation for this client?

- ☐ A. "Good morning. Do you remember where you are?"
- ☐ B. "Hello. My name is Elaine Jones and I am your nurse for today."
- ☐ C. "How are you today? Remember, you're in the hospital."
- ☐ D. "Good morning. You're in the hospital. I am your nurse Elaine Jones."

25. When a client wishes to improve the appearance of their eyes by removing excess skin from the face and neck, the nurse should provide teaching regarding which of the following procedures?

- ☐ A. Dermabrasion
- ☐ B. Rhinoplasty
- ☐ C. Blepharoplasty
- ☐ D. Rhytidectomy

26. A woman who is six months pregnant is seen in antepartal clinic. She states she is having trouble with constipation. To minimize this condition, the nurse should instruct her to

- ☐ A. increase her fluid intake to three liters/day.
- ☐ B. request a prescription for a laxative from her physician.
- ☐ C. stop taking iron supplements.
- ☐ D. take two tablespoons of mineral oil daily.

27. The nurse is caring for an elderly woman who has had a fractured hip repaired. In the first few days following the surgical repair, which of the following nursing measures will best facilitate the resumption of activities for this client?

- ☐ A. arranging for the wheelchair
- ☐ B. asking her family to visit
- ☐ C. assisting her to sit out of bed in a chair qid
- ☐ D. encouraging the use of an overhead trapeze

28. What do you think is the most important nursing order in a client with major head trauma who is about to receive bolus enteral feeding?

- ☐ A. measure intake and output.
- ☐ B. check albumin level.





- ☐ C. monitor glucose levels.
- ☐ D. increase enteral feeding.
- 29. The pathological process causing esophageal varices is:**
 - ☐ A. ascites and edema.
 - ☐ B. systemic hypertension.
 - ☐ C. portal hypertension.
 - ☐ D. dilated veins and varicesitis.
- 30. Which of the following interventions will help lessen the effect of GERD (acid reflux)?**
 - ☐ A. Elevate the head of the bed on 4-6 inch blocks.
 - ☐ B. Lie down after eating.
 - ☐ C. Increase fluid intake just before bedtime.
 - ☐ D. Wear a girdle.
- 31. What is the main benefit of therapeutic massages is:**
 - ☐ A. to help a person with swollen legs to decrease the fluid retention.
 - ☐ B. to help a person with duodenal ulcers feel better.
 - ☐ C. to help damaged tissue in a diabetic to heal.
 - ☐ D. to improve circulation and muscles tone.
- 32. Which of the following foods should be avoided by clients who are prone to develop heartburn as a result of gastroesophageal reflux disease (GERD)?**
 - ☐ A. Lettuce
 - ☐ B. Eggs
 - ☐ C. Chocolate
 - ☐ D. Butterscotch
- 33. Which of the following should be included in a plan of care for a client receiving total parenteral nutrition (TPN)?**
 - ☐ A. Withhold medications while the TPN is infusing
 - ☐ B. Change TPN solution every 24 hours.
 - ☐ C. Flush the TPN line with water prior to initiating nutritional support.
 - ☐ D. Keep client on complete bed rest during TPN therapy.





34. Which of the following should be included in a plan of care for a client who is lactose intolerant?

- ☐ A. Remove all dairy products from the diet.
- ☐ B. Frozen yogurt can be included in the diet.
- ☐ C. Drink small amounts of milk on an empty stomach.
- ☐ D. Spread out selection of dairy products throughout the day.

35. Pain tolerance in an elderly patient with cancer would:

- ☐ A. stay the same.
- ☐ B. be lowered.
- ☐ C. be increased.
- ☐ D. no effect on pain tolerance.

36. What is the main advantage of cutaneous stimulation in managing pain:

- ☐ A. costs less.
- ☐ B. restricts movement and decreases.
- ☐ C. gives client control over pain syndrome.
- ☐ D. allows the family to care for the patient at home

37. The nurse is instructing a 65-year-old female client diagnosed with osteoporosis. The most important instruction regarding exercise would be to

- ☐ A. exercise doing weight bearing activities
- ☐ B. exercise to reduce weight
- ☐ C. avoid exercise activities that increase the risk of fracture
- ☐ D. exercise to strengthen muscles and thereby protect bones

38. A client in a long term care facility complains of pain. The nurse collects data about the client's pain. The first step in pain assessment is for the nurse to

- ☐ A. have the client identify coping methods
- ☐ B. get the description of the location and intensity of the pain
- ☐ C. accept the client's report of pain
- ☐ D. determine the client's status of pain

39. Which statement best describes the effects of immobility in children?

- ☐ A. Immobility prevents the progression of language and fine motor development





- ☐ B. Immobility in children has similar physical effects to those found in adults
- ☐ C. Children are more susceptible to the effects of immobility than are adults
- ☐ D. Children are likely to have prolonged immobility with subsequent complications

40. After a myocardial infarction, a client is placed on a sodium restricted diet. When the nurse is teaching the client about the diet, which meal plan would be the most appropriate to suggest?

- ☐ A. 3 oz. broiled fish, 1 baked potato, ½ cup canned beets, 1 orange, and milk
- ☐ B. 3 oz. canned salmon, fresh broccoli, 1 biscuit, tea, and 1 apple
- ☐ C. A bologna sandwich, fresh eggplant, 2 oz fresh fruit, tea, and apple juice
- ☐ D. 3 oz. turkey, 1 fresh sweet potato, 1/2 cup fresh green beans, milk, and 1 orange

41. A nurse is assessing several clients in a long term health care facility. Which client is at highest risk for development of decubitus ulcers?

- ☐ A. A 79 year-old malnourished client on bed rest
- ☐ B. An obese client who uses a wheelchair
- ☐ C. An incontinent client who has had 3 diarrhea stools
- ☐ D. An 80 year-old ambulatory diabetic client

42. Mrs. Kennedy had a CVA (cerebrovascular accident) and has severe right-sided weakness. She has been taught to walk with a cane. The nurse is evaluating her use of the cane prior to discharge. Which of the following reflects correct use of the cane?

- ☐ A. Holding the cane in her left hand, Mrs. Kennedy moves the cane forward first, then her right leg, and finally her left leg
- ☐ B. Holding the cane in her right hand, Mrs. Kennedy moves the cane forward first, then her left leg, and finally her right leg
- ☐ C. Holding the cane in her right hand, Mrs. Kennedy moves the cane and her right leg forward, then moves her left leg forward.
- ☐ D. Holding the cane in her left hand, Mrs. Kennedy moves the cane and her left leg forward, then moves her right leg forward

43. The nurse is instructing a woman in a low-fat, high-fiber diet. Which of the following food choices, if selected by the client, indicate an understanding of a low-fat, high-fiber diet?

- ☐ A. Tuna salad sandwich on whole wheat bread.
- ☐ B. Vegetable soup made with vegetable stock, carrots, celery, and legumes served with toasted oat bread





- ☐ C. Chef's salad with hard boiled eggs and fat-free dressing
- ☐ D. Broiled chicken stuffed with chopped apples and walnuts

44. An 85-year-old male patient has been bedridden for two weeks. Which of the following complaints by the patient indicates to the nurse that he is developing a complication of immobility?

- ☐ A. Stiffness of the right ankle joint
- ☐ B. Soreness of the gums
- ☐ C. Short-term memory loss.
- ☐ D. Decreased appetite.

45. An eleven-month-old infant is brought to the pediatric clinic. The nurse suspects that the child has iron deficiency anemia. Because iron deficiency anemia is suspected, which of the following is the most important information to obtain from the infant's parents?

- ☐ A. Normal dietary intake
- ☐ B. Relevant socio cultural, economic, and educational background of the family.
- ☐ C. Any evidence of blood in the stools
- ☐ D. A history of maternal anemia during pregnancy

46. A 46-year-old female with chronic constipation is assessed by the nurse for a bowel training regimen. Which factor indicates further information is needed by the nurse?

- ☐ A. The client's dietary habits include foods high in bulk.
- ☐ B. The client's fluid intake is between 2500-3000 ml per day
- ☐ C. The client engages in moderate exercise each day
- ☐ D. The client's bowel habits were not discussed.

